



ALCOHOL, SAFE TRANSPORT & SMOKING MANAGEMENT POLICY

South Coast Gymnastics Academy

1. PURPOSE

This policy outlines our procedures for a balanced and responsible approach to the supply, consumption and promotion of alcohol and our requirements regarding smoke-free environments at South Coast Gymnastics Academy training, games, special events, functions and other club-related activities. It represents South Coast Gymnastics Academy commitment to its members, volunteers and visitors, and acknowledges the role that sporting clubs play in building strong and healthy communities.

This policy will help to ensure South Coast Gymnastics Academy:

- Meets its duty of care in relation to the health and safety of our members, volunteers and visitors who attend any South Coast Gymnastics Academy training, games, special events, functions and other activities where alcohol may be consumed.
- Upholds the reputation of South Coast Gymnastics Academy, our sponsors and our partners.
- Understands the risks associated with alcohol misuse and our role in minimising this risk.

2. RATIONALE

While South Coast Gymnastics Academy does not sell alcohol, we acknowledge that alcohol may be consumed at South Coast Gymnastics Academy related events and activities including meetings, after training or games, end of season/presentation functions, sponsors' functions, trivia nights and other fundraising events. South Coast Gymnastics Academy may also hold functions at licensed venues **[including our sponsor's venue]**.

Accordingly, the following requirements will apply to all members, volunteers and visitors where alcohol is consumed.

3. GENERAL PRINCIPLES

Alcohol misuse can lead to risk taking, unsafe, unacceptable and/or illegal behavior. Excessive consumption of alcohol will not be an excuse for unacceptable behavior, particularly behavior that endangers others or breaches the law, this policy or any other policy of South Coast Gymnastics Academy.

A risk management approach will be taken in planning events and activities involving the supply or consumption of alcohol. Such events and activities will be conducted and managed in a manner consistent with liquor licensing legislation and this policy.

In addition, South Coast Gymnastics Academy will promote additional services that are available to members to deal with alcohol related issues if they arise. Such avenues include:

- Contacting a local community health provider eg your local GP.



- Visiting the Alcohol & Drug Foundation's 'Help & Support' section on the website <http://adf.org.au/help-support/>.

4. CONDUCT EXPECTATIONS

Whilst engaging in South Coast Gymnastics Academy activities members, volunteers and visitors:

- Will accept responsibility for their own behaviour, use good judgment and take a responsible approach when alcohol is available.
- Will encourage and assist others to use good judgment when alcohol is available.
- Will not compete, train, coach or officiate if affected by alcohol.
- Will not provide, encourage or allow people aged under 18 years to consume alcohol.
- Will not participate, pressure anyone or encourage excessive or rapid consumption of alcohol (including drinking competitions).
- Will not provide alcohol as an award to a player or official for any reason.
- Will not post images on social media of themselves or others drinking alcohol irresponsibly at club-related activities.

5. SMOKING

The following areas at South Coast Gymnastics Academy are smoke free:

- All indoor areas
- All outdoor playing/training areas
- All spectator areas (standing and seated, covered and uncovered)
- All canteen, catering and eating and drinking areas

Smoke free areas will be signed (where possible) and promoted in club materials. **[A designated smoking permitted area is located [insert location]].**

In addition:

- Cigarettes and other tobacco products will not be sold, including from vending machines, at any time at or by our club.
- South Coast Gymnastics Academy functions, including social and fundraising events and meetings, held at or away from club facilities will be smoke free.

6. INTOXICATED PEOPLE

For the purposes of this policy, a person is defined as being in a state of intoxication if his or her speech, balance, co-ordination or behavior is noticeably affected and there are reasonable grounds for believing that this is the result of the consumption of alcohol.

- Intoxicated people will not be permitted to enter South Coast Gymnastics Academy premises.
- If a person becomes intoxicated (and is not putting other people at risk with their behaviour) the person will be provided with water and options for safe transport home, where available.
- If a person becomes intoxicated (and is putting other people at risk due to their behaviour) the person will be asked to leave our club premises immediately and offered safe transport options, where available. Police may also be contacted to remove the person, if required.



6.1 Underage Drinking

- Alcohol will not be provided to persons aged under 18 years.
- South Coast Gymnastics Academy will discourage the drinking of alcohol in South Coast Gymnastics Academy change-rooms to reduce the risk of minors being served alcohol illegally.

6.2 Availability of Non-Alcoholic and Low Alcohol Drinks

South Coast Gymnastics Academy recognizes that not all club members may drink alcohol. Our club actively encourages venues we use for club activities and functions to have:

- Non-alcoholic and low alcohol drinks available and to provide drinking water free of charge (where available).
- Non-alcoholic drinks clearly visible and adequate in variety and supply.

7. FUNCTIONS

South Coast Gymnastics Academy will encourage safe celebrations and events by:

- Not conducting functions where a minimum amount of liquor sales is required.
- Not promoting or hosting 'all you can drink' functions.
- Not providing alcohol-only drink vouchers for functions.
- **[Not including alcohol in the price of function tickets] or [Limiting the number of drinks included in the price of function tickets to a maximum of four, as recommended by the National Health and Medical Research Council.]**

Advertisements for functions will promote safe celebrations by:

- Not overemphasising the availability of alcohol or referring to the amount of alcohol available.
- Not encouraging rapid drinking or excessive drinking.
- Giving equal reference to the availability of non-alcoholic drinks.
- Displaying a clear start and finish time for the function.
- Including a safe transport message, where possible and relevant.

8. SAFE TRANSPORT

South Coast Gymnastics Academy recognizes that driving under the influence of alcohol is illegal and hazardous to individuals and the wider community. We ask that all attendees at our functions plan their transport requirements to ensure they get home safely and avoid driving under the influence of alcohol.

In addition, South Coast Gymnastics Academy will:

- Promote strategies that encourage members to plan how they'll get home safely before they go out e.g. pre-arranged transport.
- Include safe transport messages on relevant South Coast Gymnastics Academy activity and event invitations or flyers.
- Ensure the MC for events or South Coast Gymnastics Academy committee members advise attendees that the club is a Good Sports accredited club, communicate the safe transport options and regularly remind attendees to behave responsibly around alcohol.
- Ensure telephone calls can be made free of charge to call a sober person to provide transport from the club or venue.



9. CLUB TRIPS

South Coast Gymnastics Academy will monitor and ensure any South Coast Gymnastics Academy trips, particularly end of season player trips, strictly adhere to responsible behavior and responsible alcohol consumption in accordance with the principles of this policy and the values of South Coast Gymnastics Academy.

10. AWARDS/PRIZES

South Coast Gymnastics Academy will avoid providing [awards](#) (e.g. at end of season presentations) and fundraising prizes that have an emphasis on alcohol as a reward.

11. PROMOTING THIS POLICY AND RESPONSIBLE USE OF ALCOHOL

South Coast Gymnastics Academy will:

- Educate members, volunteers and visitors about our policy and the benefits of having such a policy.
- Ensure this policy is easily accessible and will promote it via **[our website, newsletters, social media, announcements during events and functions]**.
- Not advertise, promote or have alcohol served or consumed at junior events or activities.
- Actively demonstrate our attitude relating to the responsible use of alcohol and promote positive messages through our social media platforms.
- Pursue non-alcohol sponsorship and revenue sources.
- Actively participate in the Alcohol and Drug Foundation's *Good Sports* program with an ongoing priority to **[achieve/maintain]** the highest Good Sports accreditation.

12. NON-COMPLIANCE

South Coast Gymnastics Academy committee members will uphold this policy and any non-compliance will be handled according to the following process:

- South Coast Gymnastics Academy members and/or guests should notify the committee of any breaches of this Policy (for example, individuals turning up intoxicated or bringing their own alcohol to a club activity).
- Explanation of the policy to the person/people concerned, including identification of the section of policy not being complied with.
- Continued non-compliance with the policy should be handled by at least two committee members who will use their discretion as to the action taken, which may include asking the person/ people to leave the facilities or function.



13. POLICY REVIEW

This policy will be reviewed annually to ensure it remains relevant to South Coast Gymnastics Academy operations and reflects both community expectations and legal requirements.

SIGNATURES:

Signed: Liz Medway _____
South Coast Gymnastics Academy
President

Signed: Shelly McGregor _____
South Coast Gymnastics Academy
Secretary

Date: 26/10/2018 _____

Date: 26/10/2018 _____

Next policy review date is **26/10/2019**

ENQUIRIES REGARDING OUR POLICY:

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Visit: www.goodsports.com.au for information regarding the Good Sports program.