

PLEASE NOTE: Each active enrollment will continue for the entire year. Monthly charges will apply on the 1st day of each month calculating how many lessons are available during that month. If you do not wish to continue with the enrollment you must notify the front office or reception in writing with a one month notice.



Mini Ninjas Free G



Free G or freestyle gymnastics is a term used to describe a new and rapidly developing activity which encourages participants to use traditional gymnastics equipment in new ways. It draws on influences from gymnastics, martial arts, free-running, parkour, tricking and break-dance. This program has been developed to facilitate the safe development of the activity within the confines of a recognised gymnastics environment.

Within a Free G class, participants find new and creative uses for traditional gymnastics apparatus, combining different apparatus into a series of obstacles. Many familiar gymnastics skills have been modified to increase difficulty, or include a new take on technique, and a variety of new skills have been developed within this discipline.

The Mini Ninjas class is designed as an entry level program for children aged 4 – 7-years old to introduce them to the sport of parkour and free g including safety and precision, aerial awareness, apparatus obstacles and more.

2025 SCGA Operating Dates

2025 Calendar Year	Monday the 6th of January until Saturday the 20th of December		
Confirmed closure dates	Monday 27th Jan Friday 18th Apr Sat 19th Apr Monday 21st Apr	Friday 25th Apr Monday 9th June Tue 30th Sept Wed 1st Oct	Thur 2nd Oct Fri 3rd Oct Sat 4th Oct Mon 6th Oct

Weekly Class Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:45pm - 4:45pm	X	3:45pm - 4:45pm	X	3:45pm - 4:45pm	X

(SCGA Programs do not run on public holidays or gym closures)

Recommended Training Hours for Levels program

Mini Ninjas	FreeG Green	FreeG Blue	Free G Red	Free G Black
Minimum 1 hour	Minimum 1.5 hours	Minimum 3 hours	Minimum 4 hours	Minimum 6 hours

PLEASE NOTE: Fees for 2025

Fees and Charges:

12 month Annual Registration Fee

- \$150 (Jan to Dec) for active and casual enrollments

- 6 month \$120 (July-Dec) for active and casual enrollments after July 1st

2025 Fees

1st Class FREE TRIAL for new members

Casual Enrollments - \$28 per session

Active Enrollment 1 hour class per week - \$22.80 per week calculated over a 1 month period.

Active Enrollment 2 x 1 hour class per week - \$36.40 per week calculated over a 1 month period.

Active Enrollment 3 x 1 hour classes per week - \$46.80 per week calculated over a 1 month period.

Bookings:

Bookings are essential for all programs, please contact the reception on 42275722 to confirm your booking or further information on programs or pricing.

Web www.scga.com.au – Phone 42275722 – Email admin@scga.com.au