<u>PLEASE NOTE:</u> Each active enrollment will continue for the entire year. Monthly charges will apply on the 1st day of each month calculating how many lessons are available during that month. If you do not wish to continue with the enrollment you must notify the front office or reception in writing with a one month notice.

Intermediate Boys GFA Classes



The Intermediate Boys GFA Program is a boy only artistic gymnastics program for children aged 7 years 12 years. This program offers a faster progression through more challenging skills such as handstands, cartwheels, round offs, handspring drills, walk over drills etc.

These classes promote and develop flexibility, strength, coordination and stamina. Children will be involved in short games as well as having full use of all apparatus including rings, vault, bars, rope, tramp, mini tramp and a fully sprung floor. These classes are designed for those children who like to keep fit and healthy whilst having FUN!

At the end of the Term children will be encouraged to participate in the GFA Grading Day sessions if they are looking to progress to the next available training level. This class will also have the opportunity to be involved in small competitions such as SCGA GFA Grand prix series and other local events.

2025 SCGA Operating Dates

2025 Calendar Year	Monday the 6th of January until Saturday the 20th of December					
Confirmed closure dates	Monday 27th Jan	Friday 25th Apr	Thur 2nd Oct			
	Friday 18th Apr	Monday 9th June	Fri 3rd Oct			
	Sat 19th Apr	Tue 30th Sept	Sat 4th Oct			
	Monday 21st Apr	Wed 1st Oct	Mon 6th Oct			

Weekly Class Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
x	4:30pm - 6:00pm	х	х	х	х

(SCGA Programs do not run on public holidays or gym closures)

Recommended Training Hours for Levels program

GFA Level 1	GFA Level 2	GFA Level 3	GFA Level 4	GFA Level 5	GFA Level 6
Minimum	Minimum	Minimum	Minimum	Minimum	Minimum
1 hour	1.5 hours	3 hours	4 hours	5 Hours	6 hours

PLEASE NOTE: Fees for 2025

Fees and Charges:

12 month Annual Registration Fee

- \$150 (Jan to Dec) for active and casual enrollments

- 6 month \$120 (July-Dec) for active and casual enrollments after July 1st

2025 Fees

1st Class FREE TRIAL for new members

Casual Enrollments - \$35 per session (1.5 hours)

Active Enrollment 1.5 hour class per week - \$31.20 per week calculated over a 1 month period.

Bookings:

Bookings are essential for all programs, please contact the reception on 42275722 to confirm your booking or

further information on programs or pricing. Web <u>www.scga.com.au</u> – Phone 42275722 – Email admin@scga.com.au