

**PLEASE NOTE:** Each active enrolment will continue for the entire year. Monthly charges will apply on the 1st day of each month calculating how many lessons are available during that month. If you do not wish to continue with the enrollment you must notify the front office or reception in writing with a one month notice.

## Intermediate Girls GFA Classes



The Intermediate GFA Program is a girl only program for children aged 7 years - 10 years. This program offers a faster progression through more challenging skills such as handstands, cartwheels, round offs, handspring drills, walk over drills etc.

These classes promote and develop flexibility, strength, coordination and stamina. Children will be involved in short games as well as having full use of all apparatus including rings, vault, bars, rope, tramp, mini tramp and a fully sprung floor. These classes are designed for those children who like to keep fit and healthy whilst having FUN!

At the end of the Term children will be encouraged to participate in the GFA Grading Day sessions if they are looking to progress to the next available training level. This class will also have the opportunity to be involved in small competitions such as SCGA GFA Grand prix series and other local events.

### 2025 SCGA Operating Dates

2025 Calendar Year	Monday the 6th of January until Saturday the 20th of December		
Confirmed closure dates	Monday 27th Jan Friday 18th Apr Sat 19th Apr Monday 21st Apr	Friday 25th Apr Monday 9th June Tue 30th Sept Wed 1st Oct	Thur 2nd Oct Fri 3rd Oct Sat 4th Oct Mon 6th Oct

### Weekly Class Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30pm - 6:00pm	4:30pm - 6:00pm	4:30pm - 6:00pm	4:30pm - 6:00pm	4:30pm - 6:00pm	8:00am - 9:30am
X	X	X	6:00pm - 7:30pm	X	9:30am - 11:00am

(SCGA Programs do not run on public holidays or gym closures)

### Recommended Training Hours for Levels program

GFA Level 1	GFA Level 2	GFA Level 3	GFA Level 4	GFA Level 5	GFA Level 6
Minimum 1 hour	Minimum 1.5 hours	Minimum 3 hours	Minimum 4 hours	Minimum 5 Hours	Minimum 6 hours

### PLEASE NOTE: Fees for 2025

#### Fees and Charges:

12 month Annual Registration Fee

- \$150 (Jan to Dec) for active and casual enrollments

- 6 month \$120 (July-Dec) for active and casual enrollments after July 1st

#### 2025 Fees

##### 1<sup>st</sup> Class FREE TRIAL for new members

Casual Enrollments - \$35 per session (1.5 hours)

Active Enrollment 1.5 hour class per week - \$31.20 per week calculated over a 1 month period.

Active Enrollment 2 x 1.5 hour classes per week - \$46.80 per week calculated over a 1 month period.

Active Enrollment 3 x 1.5 hour classes per week - \$62.55 per week calculated over a 1 month period.

Active Enrollment 4 x 1.5 hour classes per week - \$78.60 per week calculated over a 1 month period.

**Bookings:**

Bookings are essential for all programs, please contact the reception on 42275722 to confirm your booking or further information on programs or pricing.

Web [www.scga.com.au](http://www.scga.com.au) – Phone 42275722 – Email [admin@scga.com.au](mailto:admin@scga.com.au)