

PLEASE NOTE: Each active enrollment will continue for the entire year. Monthly charges will apply on the 1st day of each month calculating how many lessons are available during that month. If you do not wish to continue with the enrollment you must notify the front office or reception in writing with a one month notice.



Intermediate Girls PLUS GFA Classes

The Intermediate GFA PLUS Program is a girl only program for children aged 7 years -10 years. This program is designed for those girls in the Intermediate Girls GFA program who wish to train for longer times to prepare for harder skills and higher levels as well as prepare their routines and skills to attend competitions and events. Because of this reason, we recommend the athlete complete a short assessment prior to joining this class.

These classes promote and develop flexibility, strength, coordination and stamina. Children will be involved in short games as well as having full use of all apparatus including beams, vault, bars, rope, tramp, mini tramp and a fully sprung floor. These classes are designed for those children who like to keep fit and healthy whilst having FUN!

At the end of the Term children will be encouraged to participate in the GFA Grading Day sessions if they are looking to progress to the next available training level. This class will also have the opportunity to be involved in small competitions such as SCGA GFA Grand prix series and other local events.

2025 SCGA Operating Dates

2025 Calendar Year	Monday the 6th of January until Saturday the 20th of December		
Confirmed closure dates	Monday 27th Jan Friday 18th Apr Sat 19th Apr Monday 21st Apr	Friday 25th Apr Monday 9th June Tue 30th Sept Wed 1st Oct	Thur 2nd Oct Fri 3rd Oct Sat 4th Oct Mon 6th Oct

Weekly Class Timetable

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:30pm - 6:30pm	4:30pm - 6:30pm	4:30pm - 6:30pm	4:30pm - 6:30pm	4:30pm - 6:30pm	8:00am - 10:00am
6:30pm - 7:30pm (additional hour)	6:30pm - 7:30pm (additional hour)	6:30pm - 7:30pm (additional hour)	6:30pm - 7:30pm (additional hour)	6:30pm - 7:30pm (additional hour)	10:00am - 11:00am (additional hour)

(SCGA Programs do not run on public holidays or gym closures)

Recommended Training Hours for Levels program

GFA Level 1	GFA Level 2	GFA Level 3	GFA Level 4	GFA Level 5	GFA Level 6
Minimum 1 hour	Minimum 1.5 hours	Minimum 3 hours	Minimum 4 hours	Minimum 5 Hours	Minimum 6 hours

PLEASE NOTE: Fees for 2025

Fees and Charges:

12 month Annual Registration Fee

- \$150 (Jan to Dec) for active and casual enrollments

- 6 month \$120 (July-Dec) for active and casual enrollments after July 1st

2025 Fees

1st Class FREE TRIAL for new members

Casual Enrollments - \$40.50 per session (2 hours) or \$52.00 per session (3 hours)

Active Enrollment 2 hour class per week - \$36.40 per week calculated over a 1 month period.

Active Enrollment 3 hour class per week - \$46.80 per week calculated over a 1 month period.

Active Enrollment 2 x 2 hour classes per week - \$56.20 per week calculated over a 1 month period.

Active Enrollment 2 x 3 hour classes per week - \$78.60 per week calculated over a 1 month period.

Bookings:

Bookings are essential for all programs, please contact the reception on 42275722 to confirm your booking or further information on programs or pricing.

Web www.scga.com.au – Phone 42275722 – Email admin@scga.com.au